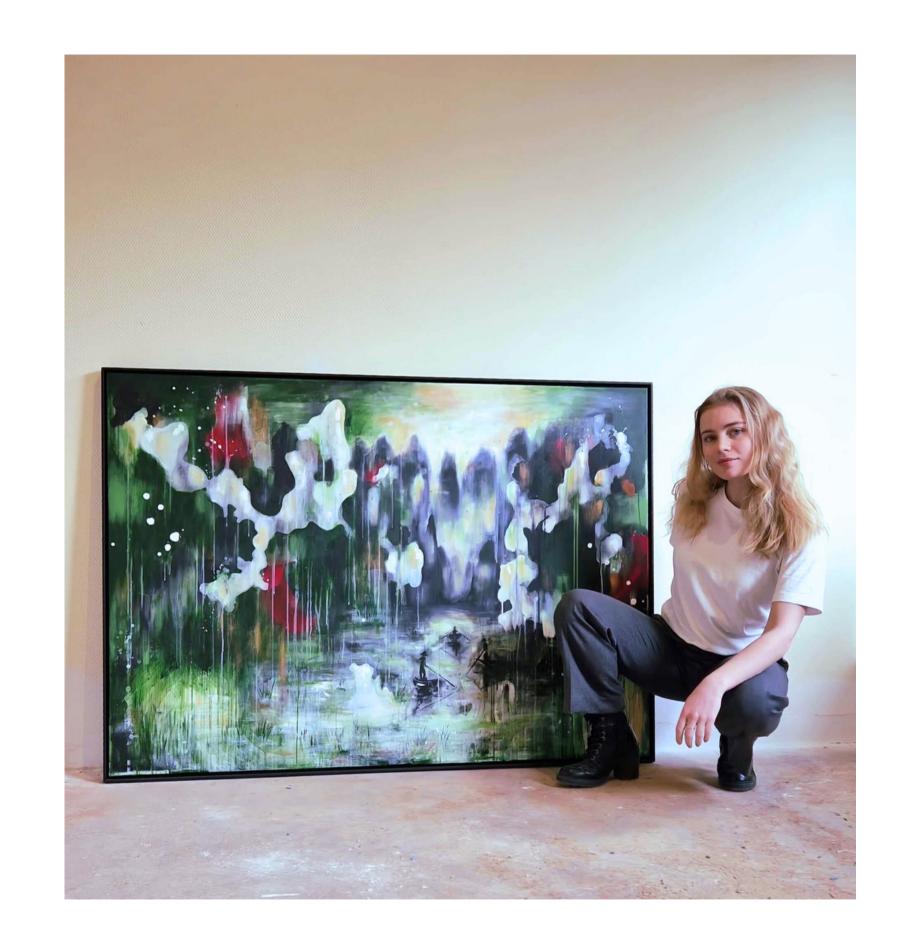
#### Elena Gonicha Tova

### Art Portfolio

An invitation to delve deeper, pause, and experience through intuitively abstract art.

BY ELENA GONTCHAROVA





#### Introduction

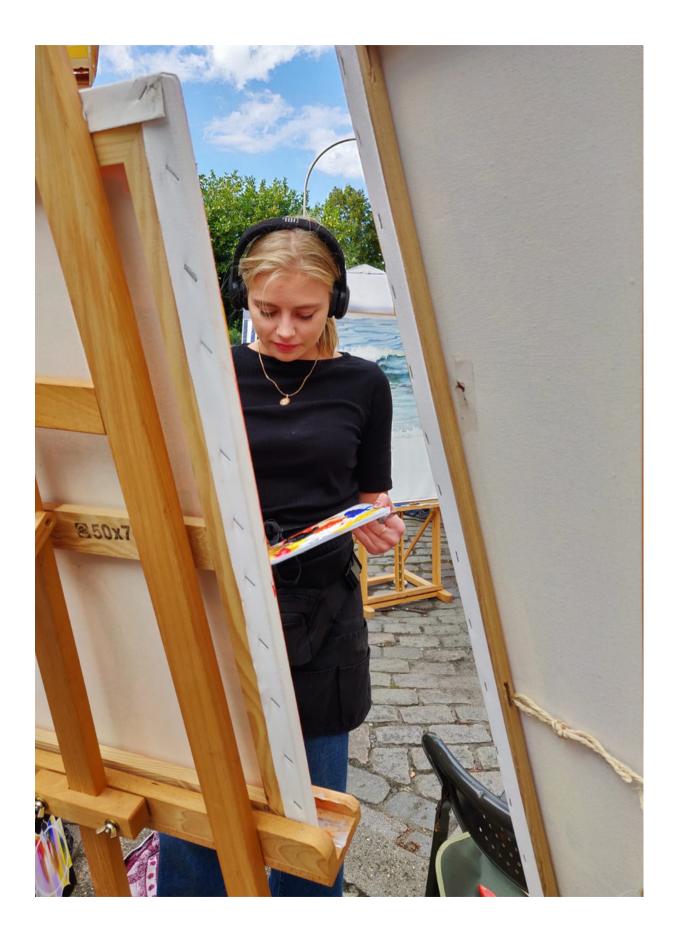
My name is Elena Gontcharova (born 07/07/1995), and I am an intuitive artist expressing my emotions directly onto canvas. I draw inspiration from everyday life, nature, and the world around me.

Beyond working with oil and acrylic paints, I also craft handpainted polyester art sculptures.



99

Fascination with art has always been a constant in my life



Art and culture were ingrained in me from an early age. My parents, first-generation immigrants from Russia, always placed great importance on cultural development and art.

Attending world-class ballet and opera performances, and, above all, frequent visits to museums have always been a constant in my life.

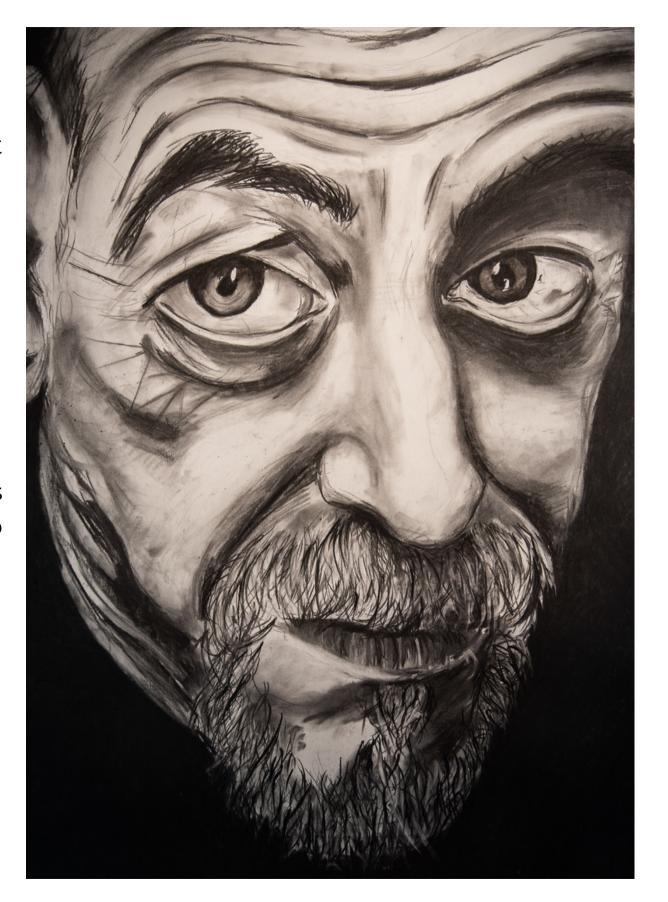


I pursued my higher education at the AP University College in Antwerp and completed a Master's in Journalism at KU Leuven while simultaneously undertaking an Arts Education at the Sint-Lucas Academy in Kapellen.

At the academy, I honed my academic skills in pencil, oil, and acrylic painting, ultimately cultivating a distinctive style.

Over the years, my artistic journey has led me to transition from figuration to abstraction.

The liberating, unrestrained nature, and the expressive possibilities inherent in abstract art resonate deeply with me.



Beyond painting, I value a mindful lifestyle, emphasizing both physical and mental well-being through practices like yoga and meditation.

This aligns with my art, where the creative process stems from within.



## Paintings





# Polyester sculptures

















#### Group Exhibition

#### Nobody & Friends Art Gallery Antwerp | 2-26/11/23

Group exhibition featuring ten of my own artworks. Two pieces selected for display in the storefront.



#### **NOVEMBER TENTOONSTELLING**

vernissagereceptie op 4/11 van 16u tot 19u

schilderijen: abstract, figuratief, popart



Suzanne Booth



Monique Hertleer



lena Gontcharova



Sarry Zwaagars



Philip Verhoeven



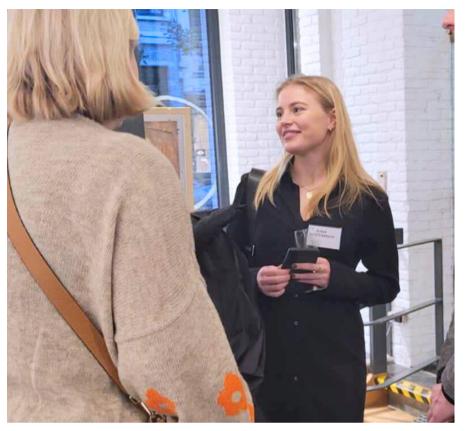
Bert Prins

2/11 tot en met 26/11/2023

do-vr-za van 14u tot 18u en zo van 12u tot 17u

Volkstraat 62, 2000 Antwerpen www.nobodyandfriends.art















#### Solo Exhibition

Solo exhibition at Second Gallery Antwerp | 30/09-1/10/23

Showcasing a range of styles and evolution towards abstraction.

#### KUNSTEXPOSITIE

#### Elena x Branwen



@BRANWEN\_JEWELS\_STONES

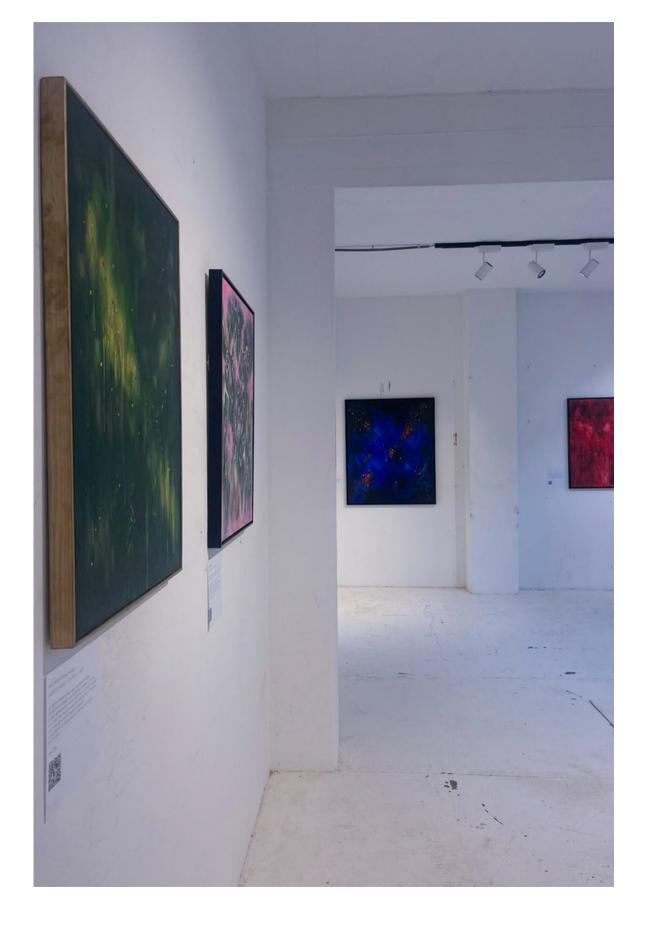
30/09 - 1/10

DEUREN 16:00-20:00 UUR | SCHOENSTRAAT 83 2140 ANTWERPEN | INKOM GRATIS

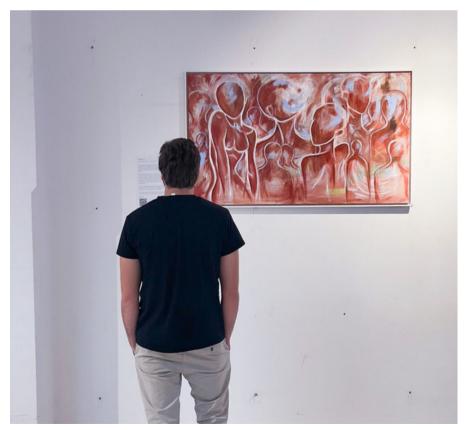
Ontdek de schilderijen van Elena en juwelen van Branwen in een ontspannen setting. De kunsttentoonstelling staat helemaal in thema van gezelligheid, jezelf zijn en genieten van kunst.



MEER INFORMATIE: INFO@ELENAGONTCHAROVA.COM













© Robin Fasseur, Gazet Van Antwerpen

#### Press

Street art project 'Tour Elentrik Kalmthout' in collaboration with the Municipality of Kalmthout, JH Govio, and Treepack. Featured in online and print publications:

- Het Laatste Nieuws (HLN)
- Gazet Van Antwerpen (GVA)
- Het Nieuwsblad
- Vernissage event with Mayor Lucas Jacobs.



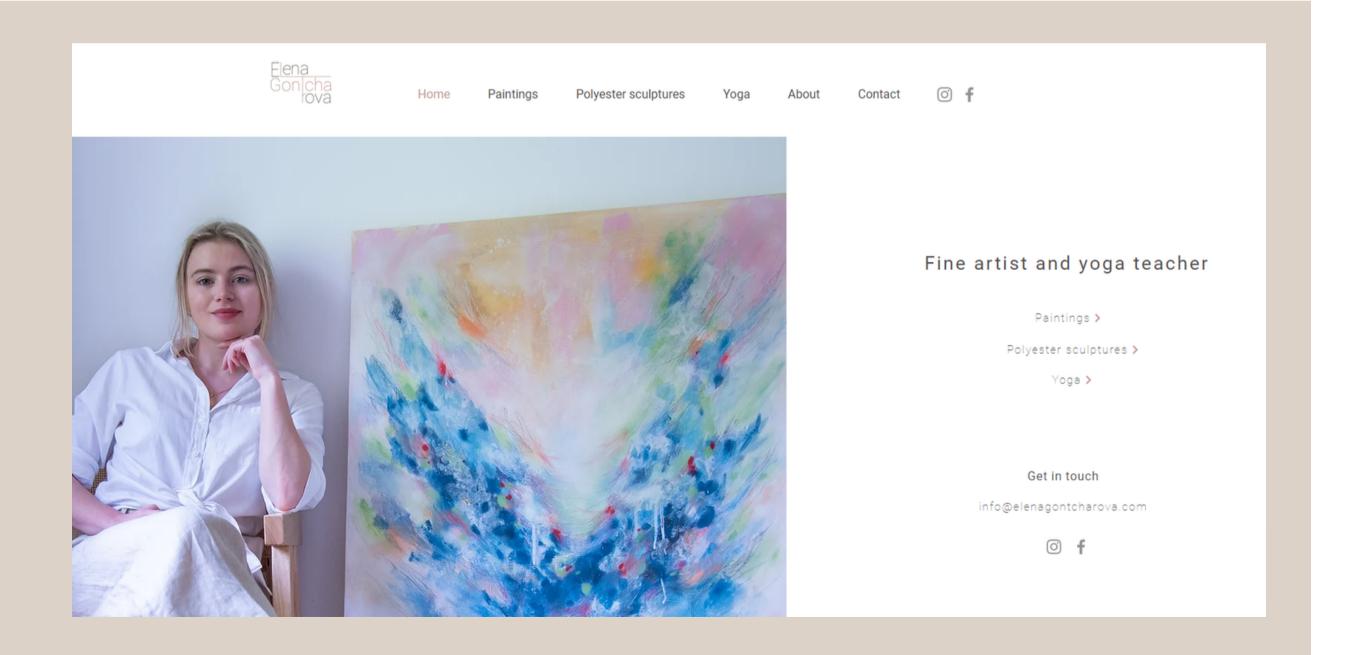
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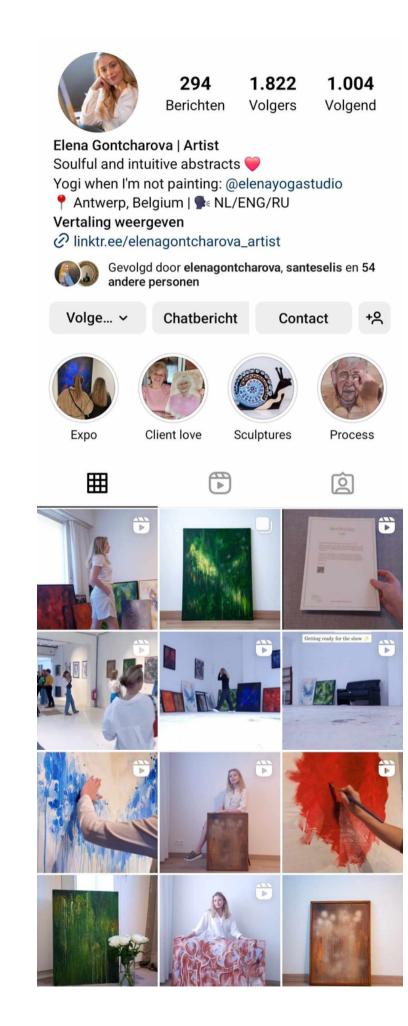


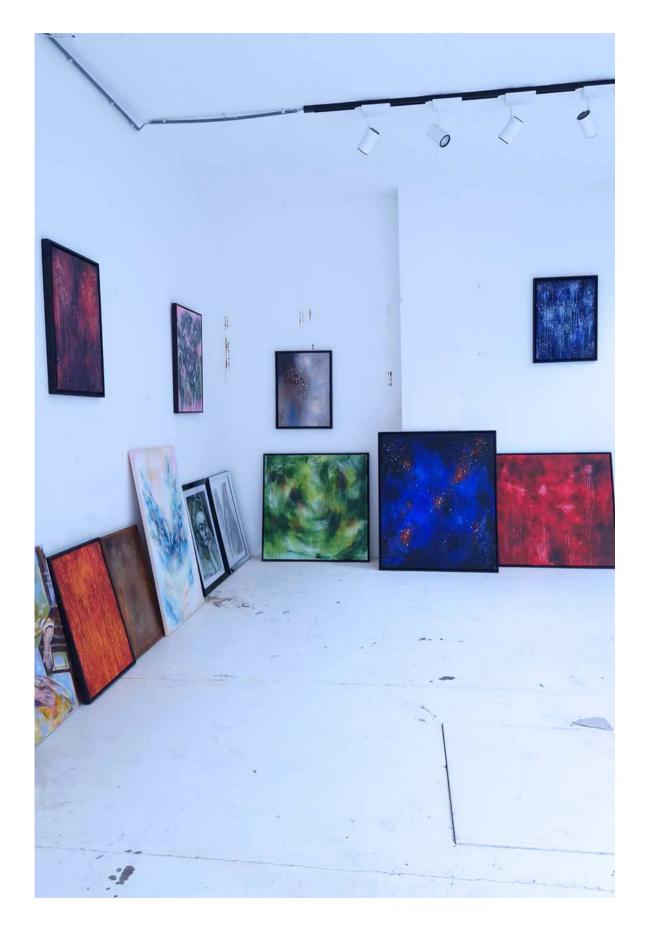
#### Website and Instagram

Explore more about my artworks on my website. Additionally, I enjoy sharing my creative process with over 1.8K followers on Instagram.

@elenagontcharova\_artist

























#### Let's talk!

Feel free to address me in Dutch, English, French or Russian :-)

#### **Elena Gontcharova**

info@elenagontcharova.com Kalmthout | Antwerp www.elenagontcharova.com